



Northumberland
County Council

Extra Care and Supported Housing Strategy

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INTRODUCTION

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Why a Strategy

- Ageing Population
- Increase in the number of young people with complex behaviours
- People living longer with long-term conditions
- Increasing demand for services
- Increasing financial pressure and reducing budgets
- Policy drivers
- Changing aspirations and expectations
- Set direction for supporting independence
- Focus on delivery

Our Objectives

- Offer choice and options for accommodation, care and support services for people in Northumberland
- Enable individuals and their families to make appropriate decision regarding long term care and support that include the type and location of accommodation
- Ensure the continuation of support networks provided by family, friends and the community
- Offer positive alternatives to residential and nursing care
- Maximise opportunities offered by advances in assistive technology

Who Does the Strategy Cover

- Older people
- People with Learning Disabilities and/or Autism
- People with enduring mental health needs
- People with multiple and/or complex needs with behaviour that challenges
- Young people transitioning into Adult Services

The Strategy does not provide for short-term residential rehabilitation services such as:

- Domestic violence refuge
- Temporary homeless accommodation

Northumberland Definition of Supported Housing

Any housing that offers an integrated package which could consist of technology, disability-friendly design, supervision, support and/or care to enable people to live as independently as possible in the community.

- No one Northumberland model, each scheme designed to fit:
 - Client group
 - Location
 - Local facilities
 - Care and support requirements
- Part of a wide ranging continuum of care and support solutions
 - Support within communities
 - Domiciliary care
 - Specific retirement accommodation
 - High-level residential and nursing care

Demand and Supply for Older People

- 23% of our population is over 65
- Expected to increase to nearly a third by 2031
- Limited supply of Supported Housing for older people in Northumberland
- 2 Extra Care schemes in high demand
- Housing for Older People recommendations suggests shortfall of supply in Northumberland of:
 - 1,238 Age Exclusive properties, i.e. bungalows
 - 3,257 Specialist accommodation, i.e. sheltered, extra care, etc
- Recommended future supply:
 - 5,187 Age Exclusive properties
 - 10,017 Specialist accommodation

Demand and Supply for Younger Adults

- Currently 282 places in Supported Housing for younger adults
- 36 vacancies
- 102 people on waiting list for supported accommodation
- 377 adults aged 18-64 live with older carer
- 1,420 children with Special Education Need, 41% with moderate to profound Learning Disability and 13% with Autistic Spectrum Disorder
- Predicted increase in younger adults with profound intellectual and multiple disabilities
- Increased level of need among children with severe and complex needs

Principles for Developing Supported Housing

- Make best use of available resources, must promote, maintain and enhance people's independence
- Range of accommodation located in main towns and service centres, close to local services and amenities
- Central to communities
- No single Northumberland model, schemes should complement and be sympathetic to the locality, the surrounding amenities and facilities and other local community based assets.
- Flexibility of commissioned care and support to meet the needs of service users
- Designed for now and the future
- Older persons schemes designed to support journey through frailty to end of life where appropriate
- Incorporate technology solutions
- The Council expect to agree nomination rights

Delivering the Strategy

- Utilise a range of delivery methods
 - Partnerships
 - Council land
 - Non-council land
 - Private development and mixed tenure schemes
 - Section 106 affordable housing element
 - Existing high quality sheltered schemes
 - Develop in Partnership with NHS
- Initial focus for older people include:
 - Berwick
 - Rothbury
 - Cramlington
 - Morpeth
 - Hexham
 - Bellingham
 - Blyth
 - Ponteland
- Particular gaps in provision for younger adults in the north of the county

Conclusion

- Overview and Scrutiny Committee are asked to provide any comments, suggestions or feedback ahead of Cabinet on 14 June
- Questions?